# CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

August 15, 2002

#### **NEWS BRIEFS**

#### **HOLT HONORED**

Doug Holt, an employee in the Department for Medicaid Services, has received the 2002 Askew Award for his project titled, "Applied Decision Making in Management Reporting."

The project was submitted by the Kentucky Society for Certified Public Managers (KSCPM) as Kentucky's national award winner to receive the American Academy of Certified Public Manager's (AACPM) 2002 Askew Award, which is designed to recognize high quality certified public management projects.

Holt will be presented with the award on Sept. 12 at KSCPM's annual training seminar to be held at the Kentucky History Center.

The project, completed as part of the Governmental Services Center's Kentucky Certified Public Manager Program, dealt with the design and implementation of a new trouble call tracking and reporting system within Medicaid's Technical Support and Data Analysis Branch.



TIP OF THE WEEK

Diabetes is called the silent disease because it can go undetected for years until irreversible damage has been done. If caught early, many complications can be prevented. Remember these warning signs: overweight, under active, over 45 years of age, excessive thirst, easily tired, history of diabetes in the family, frequent urination, sores that heal slowly. More than five million Americans have diabetes and don't know it.

## Make A Stop at the CHS Big Top

If you get a chance to go to the State Fair this year, make sure to stop by the Health Services exhibit in the Health Horizons area in the South Wing.

Watch your fellow employees assist fairgoers with a variety of preventive health-related activities such as body composition analysis, diabetes risk assessment, a derma scan machine which detects sun-damaged skin, a carbon monoxide monitoring device to measure carbon monoxide levels in the lungs, mental health and stress screenings, women's health surveys, blood pressure machines and displays about fast food fat and sodium facts. Or, better yet, try some of the health screenings yourself.

CHS personnel will be having fun as they toss bean bags and rings and teach about product safety and mental retardation; play a wellness wheel game and provide information on healthy aging; weigh and measure children; engage in an interactive clown face game and provide tips on food safety; play an interactive computer game to teach about dental sealants; encourage visitors to try on driving under the influence goggles and realize first-hand the dangers of driving while impaired; show a model house for lead poisoning hazards; or play the milk IQ game to tout the benefits of consuming 1 percent milk.

Maybe you'd just like to listen. If so, there is something new in the Health Horizons' area - a stage for presentations on various health care topics. CHS will give about 40 presentations during the Fair ranging from bioterrorism to diabetes.

For more details about the booth and presentations visit the CHS Intranet site at <a href="http://chsnet/buzz/State-Fair/">http://chsnet/buzz/State-Fair/</a>

The Kentucky Fair is Aug. 15-25 at the Kentucky Fair & Exposition Center in Louisville. Gate admission is \$7 for adults, \$3 for children 12 years old and under; and \$3 for senior citizens. Parking is an additional \$3.

#### 2003 KECC Kicks Off Campaign

The 2003 Kentucky Employees Charitable Campaign was kicked-off on Aug. 6 at the Frankfort Civic Center. The campaign theme this year is "The Winner's Circle."

The event was hosted by statewide KECC Chairman, Tourism Secretary Ann Latta, with special guests Gov. and Mrs. Patton and Lt. Gov. and Mrs. Henry.



Special events at the kickoff included a call to the post by an official Churchill Downs trumpeter for a stick-horse race! The stickhorse race consisted of "jockeys" who raced

around a track while mounted on their stick-horse. CHS jockey Terry Brogan of Medicaid Services did an outstanding job representing our agency.

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#### KECC (cont'd from Page 1)

Other events included a run from the Capitol steps to the Civic Center prior to the kick-off. Barbara Gordan, Office of Aging Services, ran the mile and a half course while proudly carrying a handmade flag sporting the CHS and KECC logos. Thanks to Barbara and Kay Thomas of the Organizational Development and Quality Improvement Branch for making the flag.

Each agency was assigned a charity to collect donated items for. CHS was assigned Cardinal Hill Hospital's Northern Kentucky Adult Day Care Center. Hundreds of art supplies were donated by CHS employees to this agency and were featured at our table.

If you have not yet received your pledge form, call Jane Corder of the Office of Women's Physical and Mental Health, 564-9358.

The pledge form is the easiest way to contribute to KECC. However, the KECC team is also raising money via a CHS T-shirt and cookbook sale. Watch for these additional opportunities to contribute to KECC. For more information on KECC events, contact your KECC Chair, Gwen Mayes, at the Office of Women's Physical and Mental Health, 564-9358.

### **CHS Employees Make Suggestions**

Several CHS employees have been honored recently for making suggestions that will save the state money. Here is a listing of the employees, their suggestion and the cash award they received through the Employee Suggestion System:

**Lloyd E. Meyer** of Central State Hospital used surplus materials to construct a cart to transport 4-foot bulb tubes and other electrical supplies. He saved the state \$1,400 and received an award of \$140.

**Paula Alexander** of DPH suggested the installation of an automatic external defibrillator in the CHR building and her idea was adopted. She received an intangible award of \$100.

**Jami Hundley** of OIG suggested mailing only one report per year containing a complete listing of the Kentucky Nurse Aide Abuse Registry, and saved the state \$2,658. She received an award of \$266.



**Donna Fort** of CCSHCN suggested formatting a disk for use by regional offices to eliminate pre-printed forms. She saved the state \$1,408.70 per year. She received an award of \$141.

**Tommie Kendall** of Central State Hospital suggested altering a proposed redesign of the guest relations area at Central State, adopting his proposed modification and saved the state \$2,474. He received an award of \$248.

**Darlene Lewis** of Central State Hospital suggested that infectious waste be picked up twice a month instead of weekly and saved the state \$644. She received an intangible award of \$100.

**Lloyd Lippert** of Central State Hospital suggested that the hospital arrange with the Spencer County Road Department to haul off their fly ash on a weekly basis, and save the state \$10,200. He received an award of \$1,020.

If you have a money-saving idea or questions, contact Kevin Naiser at 502-564-5705, ext. 3403.

#### Central State Begins Employee Award Program

Central State Hospital in Louisville has instituted a "Heart of the Hospital" director's award for outstanding work by employees. The first award was given earlier this month during a governing board meeting by Director Pat Brodie.

This first award was given to the staff of the hospital's pharmacy department. Those employees

recognized were: Peggy Brashear, Teresa Bright, Janice Logsdon, Pat Randolph, Larry Culver, Brookes Pickard, Thea Rogers and Rhonda Evans.

This award will be given twice a year, and the criteria are: Efficient and effective service provider who promotes positive patient outcomes; competent steward of hospital re-

sources on behalf of patients; pro-

moter of superior patient care; guardian of patient safety.



Pharmacy Staff



## Stewart, Stange, Honored For Years Service

Two long-time Cabinet for Health Services employees that are retiring this summer, Barbara Stewart and Carol Stange, received Robert Straus Lifetime Achievement Awards on July 23 in a ceremony at the Kentucky School of Alcohol and Other Drug Studies. The Straus Award honors work in the area of substance abuse prevention and treatment in Kentucky.

Stewart, Assistant Director of the Division of Substance Abuse and Prevention Branch Manager, received the award for her state and national leadership in the area of substance abuse prevention. Throughout her 24 years of dedicated service, she has been vitally important to Kentucky in achieving many prevention benchmarks, such as the development of the Regional Prevention Center concept, the creation of a community empowerment model for Kentucky-Champions Against Drugs, and in developing the State Incentive Grant (K.I.P.), which is a national model for prevention programs at the community

level. She has also been President of the National Prevention Networks. She will retire on Aug. 31.

Stange, Women's Coordinator with the Division of Substance Abuse, received the award for her leadership and commitment for women's substance abuse treatment services in Kentucky. Stange's dedication to improving substance abuse treatment for Kentucky's women spans 23 years, during which she has served as a Substance Abuse Treatment Program Coordinator and Monitor, working with Community Mental Health Centers, and Women's Program Administrator. In 1990, she recommended the establishment of the Institute for Women and Substance Abuse at the University of Kentucky. Her tireless commitment, advocacy and support have played a key role in the development of the state's women's treatment services. She retired July 31.





DID YOU KNOW...

#### Medical Privacy, Final Rule Published

The final Medical Privacy Rule was published in the federal register on Aug. 14.

The privacy provisions of the federal law, the Health Insurance Portability and Accountability Act of 1996 (HIPAA), apply to health information created or maintained by health care providers who engage in certain electronic transactions, health plans, and health care clearinghouses.

Health and Human Services Secretary Tommy G. Thompson noted the following concerns had been addressed:

Doctors and hospitals will have access to necessary medical information about a patient they are treating and they will be able to consult with other physicians and specialists regarding a patient's care.

- Patient care will be delivered in a timely and efficient manner and not unduly hampered by confusing requirements surrounding consent forms. For example, pharmacists will be able to fill prescriptions over the phone and serve their customers in a timely manner.
- And, parents will have access to information about the health and well being of their children, including information about mental health, substance abuse or abortion.

The modifications collectively were designed to ensure that protections for patient privacy are implemented in a manner that maximizes privacy while not compromising either the availability or the quality of medical care.

The privacy provisions apply to health information created or maintained by health care providers who engage in electronic transactions, health plans, and health care clearinghouses.

The final Medical Privacy Rule is expected to be posted on the web at: <a href="http://www.hhs.gov/ocr/hipaa/bkgrnd.html">http://www.hhs.gov/ocr/hipaa/bkgrnd.html</a>



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